



WHAT'S ON OUR PLATE *June 2026*

You can help feed neighbors experiencing hunger in Berks and Schuylkill counties. Please support our mission today.

[Donate Now](#)



Launching Meals on Wheels in Berks County

We are thrilled to share that beginning July 1, we will be preparing high-quality, nutritious, and delicious meals for seniors in Berks County as part of the Meals on Wheels program! This includes both frozen home-delivered meals and hot congregate meals at senior centers.

Our Community Kitchen culinary team has been busy menu planning, meal prepping, and more, so we can hit the ground running in July.

We look forward to this opportunity to provide our older neighbors with frozen meals that offer peak freshness, reduce food waste, and provide flexibility for them to enjoy on their own schedule.

A story on the updates to the Meals on Wheels program ran in both the **Reading Eagle** and on **WFMZ**.

[Learn More](#)

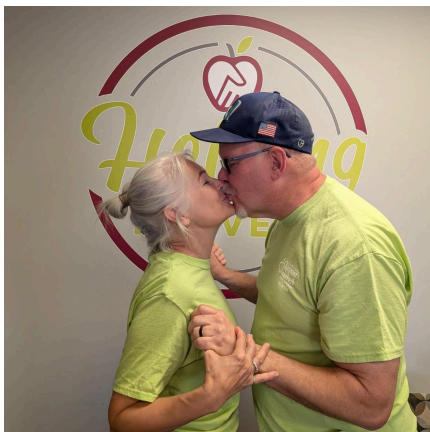


Giorgio Donates 2,907 lbs. of Mushrooms

In mid-June, Giorgio Fresh Co. donated 2,907 pounds of shiitake, brown clamshell and yellow oyster mushrooms to us. Our chefs immediately got to work utilizing some of their beautiful product, making a mushroom alfredo sauce.

This is just the beginning of our partnership with Giorgio. We will also be the beneficiary of their 2nd annual Shiitake Shuffle 5K, being held on Saturday, October 3 in Blandon. You can sign up for the race below.

[Register](#)



Volunteers of the Month: Barb & Eric

Going on five years, and a combined 1,200 volunteer hours...these two lovebirds are quite the power couple! If you ever get the chance to work alongside Barb or Eric, you will be quick to see their devotion to improving our communities.

Barb managed a garden in Houston for a food bank, which was able to grow supplemental food for distribution. When they moved back to Berks County, the need to fight food insecurity was that much stronger, and luckily they found us!

You can find these two primarily bagging perishables or Weekender, but they also package at the Community Kitchen, assist at Mobile Markets, and even help out our agency partners! In their spare time, they enjoy spending it with their grandchild, as well as at home on hobbies such as carpentry and gardening.

When they're able, they'll pack up and take a cross-country trip across the U.S. or a small barge river tour with their family in Europe!

"It is hard to believe that the food most of us take for granted is not a given for some many people, especially when it is easy to see so much of it go to waste. This is our way of making it a little better for people in need," they said.

[Learn More](#)



2026 Agency Conference Held at PSU Berks

What is one of our favorite things to do *other* than providing nutritious food to neighbors facing hunger? Getting together with other people who are passionate about fighting hunger in our communities!

On June 3, we hosted our 2nd annual Agency Conference at Penn State Berks. The full day of programming included:

- Resource tables staffed by local organizations and members of the Helping Harvest team
- Helping Harvest updates and Q&A with our president, Jay, and COO, Jess
- A Keynote by Caryn Long Earl, Director of the Bureau of Food Assistance, PA Department of Agriculture
- A session on using our Food Map by Kamla Evers, Senior Agency Engagement Manager, Vivory
- Breakout sessions based on topics of interest to our partners
- A BBQ lunch, ice cream social with Penn State Creamery ice cream, and **raffle baskets generously donated by area businesses**

Thank you to all of the agency partner representatives that attended, and more importantly, thank you for the work you do to fight hunger in our communities!

[Learn More](#)

2026 Berks County Celebration of Community & Hope on October 1

MARK THOSE CALENDARS!

Our fall Celebration of Community & Hope – Berks County will be held on October 1, 2026.

Festivities start at 5pm at the DoubleTree by Hilton Hotel Reading (701 Penn Street Reading, PA).

Thank you local restaurants for joining us as a community partner so we can end hunger in Berks County together. Our valued community partners will be providing menu items at our Celebration of Community & Hope.

Keep your eyes on your inbox for an official save-the-date and sponsorship information...this is one you won't want to miss! We'll also have more on our **News & Events page** soon!



[Our Company](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Helping Harvest | 117 Morgan Drive | Reading, PA 19608 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!