



Nourishing News: E-Edition *May 2025*



NALC Food Drive Brings in Over 90,000 Pounds of Food

Saturday, May 10 was a **BUSY** day at the warehouse. We were so fortunate to benefit from the largest single day food drive in the country, the National Association of Letter Carriers' Stamp Out Hunger Food Drive.

Thanks to the incredible generosity and support of so many of our neighbors, Stamp Out Hunger 2025 was a huge success, bringing in over 90,000 pounds of food to our warehouse.

[Learn More](#)



Chef's Corner: Grilled Vegetables

It's grilling season! Join Chef Amanda in the Community Kitchen as she grills zucchini for a healthy and tasty side dish.

She also demonstrates the versatility of grilled veggies, adding them to a Greek-inspired pasta salad as a second heartier option.

This is Chef Amanda's first time cooking for Chef's Corner in the new kitchen (VERY exciting)!

[Watch Now](#)





Volunteer Spotlight: Gerry

For nearly a decade, Gerry (Doc) has devoted his time, energy, and compassion to helping our organization grow. Over 1,300 volunteer hours later, you can catch him at Mobile Markets, Packing Senior Boxes or bagging for the Weekender program!

One of his favorite things about volunteering is the comradery among volunteers. Having been blessed in his personal and professional life, he felt inspired to assist community members who are in need.

Thanks, Gerry, we appreciate you!

[Learn More](#)



Volunteer Hour Milestones

As part of our ongoing efforts to honor the amazing work of our volunteers, this month we had the opportunity to celebrate some wonderful folks who have hit 2,000+ and 3,000+ volunteer hours with us!

On **May 19 at the Muhlenberg Mobile Market**, we recognized Britt, Lorraine, Tom, and Kathy for serving over 2,000 hours (pictured above).

At the **South Schuylkill Mobile Market on May 24**, we celebrated married couple John & Nancy for volunteering nearly 3,500 hours each!

[Become a Volunteer](#)



HHFFB Hosts Agency Conference at Penn State Schuylkill

On May 20 at Penn State Schuylkill, we gathered our partner agencies, various community resources, and Helping Harvest staff for our **Agency Conference**.

The day of learning and sharing was jam-packed, and included a welcome by President Jay Worrall, keynote by Dr. Katie Martin, CEO of More Than Food Consulting, Feeding America guest speaker Chris Rainwater, a food pantry panel discussion, and more.

In the News: WFMZ-TV Visits the Community Kitchen

On May 22, WFMZ visited the Community Kitchen. As a follow up to a story they did when the project launched over a year ago, the local news station showcased the drastic change to the space adjacent to the GoggleWorks Center for the Arts.

Their story also featured President Jay Worrall's excitement for the project, a brief tour of the kitchen itself, and details on the heat-and-eat ready meals program, which is already under way,

producing approximately 400 meals per day (and ramping up to make even more meals soon).

You can check out the story, 'It was a very ambitious project': Helping Harvest's Community Kitchen opens in downtown Reading on the [WFMZ website](#).

Save the Date: Celebration of Community & Hope - Berks County

Mark those calendars! Our next Celebration of Community & Hope – Berks County will be held on October 9, 2025 at the DoubleTree by Hilton Hotel Reading.

Official save-the-dates and invitations will be released closer to the event. We hope you can join us for this special evening.



Advocacy Corner: Proposed Cuts to the Supplemental Nutrition Program (SNAP)

The Supplemental Nutrition Assistance Program (SNAP) helps our neighbors facing hunger buy groceries. SNAP is designed to be a bridge, not a permanent solution. It provides timely and targeted food benefits, offering temporary support during hard times.

The SNAP funding cuts proposed in the House budget reconciliation bill would mean fewer people can access the nutritious food we all need to thrive. Feeding America estimates that these cuts could take an average of 9.5 billion meals off the table for SNAP participants per year.

You can help: [Ask our representatives to protect funding](#) for essential programs like SNAP.



[Our Company](#) | [Contact Us](#) | [FAQs](#) | [Privacy Policy](#)

Helping Harvest | 117 Morgan Drive | Reading, PA 19608 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!