



Nourishing News: E-Edition *March 2025*

You can help feed neighbors experiencing hunger in Berks and Schuylkill counties. Please support our mission today.

[Donate Now](#)



The Community Kitchen Countdown is on!

Check out the latest photos of the Community Kitchen project. We expect to move in some time in mid-April!

[More Photos](#)



Welcome, Chef George Adams!

This month, we have a very special **Chef's Corner**. Join Chef Amanda as she introduces Chef George Adams, the new production chef for the Helping Harvest Community Kitchen.

Get to know more about Chef George, including why he started cooking and wanted to be a chef, and what attracted him to the role at the Community Kitchen.

Chef George will be responsible for daily operations of the kitchen and preparing delicious and nutritious heat-and-eat ready meals for low-income seniors in Berks and Schuylkill counties.

[Watch Now](#)

Join us for our Schuylkill County Event on April 24

Tickets and sponsorships are still available for our 2nd Annual Celebration of Community & Hope – Schuylkill County on April 24 at Mountain Valley Golf Course in Barnesville, PA. We hope you will consider us as an event sponsor or attendee.

[Buy Tickets](#)



Volunteer Spotlight: Al

At the peak of COVID in 2020, Al decided he wanted to spend his spare time helping those who needed it most. Since then, he has logged over 1,500 hours. You may frequently spot him at our Mobile Markets, directing traffic, helping refill stations or jumping in wherever is needed. Thanks, Al!

[Learn More](#)



Sandy's Milestone

If you've ever been to our offices, you've probably encountered Sandy. You might even think she's a full-time employee. But she's not...she's one of our most dedicated volunteers. In late February, Sandy hit her 6,000th volunteer hour with us. You're the best, Sandy - thanks for all you do!

[Learn More](#)

Advocacy Corner: Federal Funding Cuts Affecting Food Banks and Neighbors Experiencing Hunger

Despite high levels of food insecurity across the country and rising grocery prices, federal funding cuts are being implemented that will severely compromise the effectiveness of nutrition programs aimed at increasing food security for the Americans most in need.

Helping Harvest stands to lose around \$3 million worth of federally supported food per year. In 2024, we distributed around \$20 million worth of food. That means that we could have 15% less food to give to Berks and Schuylkill County families—during a time when that food is needed as much as ever.

How can you help fill the gaps that these cuts will create for food banks and our partners? Please join us and support neighbors in need by **contributing financially, donating food, volunteering**, or contacting your elected officials to stress the importance of restoring this funding.

Read **Helping Harvest President Jay Worrall's editorial** on how these cuts will affect food banks and neighbors.

Follow us on Social Media

To stay up to date on the latest Helping Harvest news, please follow us on social media. We share what's happening every day, so you can stay "in the know" in between newsletters. Please follow us on **Facebook, Instagram, YouTube, and LinkedIn**, share and like our posts, and encourage your friends and family to do the same. These are some of the easiest ways to join us in supporting our mission to



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