



2023 Year in Review

More than 9.5 million pounds of food, valued at just over \$17 M was distributed through our network of 350 food distribution sites in Berks and Schuylkill counties.

Of the food distributed, 4.9 million pounds (51.5%) were fresh and frozen foods - the foods typically the most nutrient-rich but often the most lacking in the diets of those in need.

Over 2,300 low -income senior citizens received a food tote monthly through the federally supported PA Senior Food Box Program (administered by HH for Berks and Schuylkill Counties) at a total of 106 sites.

29,063 volunteer and community services hours were worked by 2,506 volunteers. These hours are equivalent to almost 14 full time staff.

1,758,386 pounds of nourishing foods were distributed through the Mobile Market program in 2023. Now in it's eighth year, our Mobile Market program has food distributions at 23 sites monthly.

902,844 meals and snacks served with food partially or fully supplied by Helping Harvest at area shelters.

133,676 bags full of food were sent home through the Weekender Program to close to 4,500 children at 111 sites in Berks and Schuylkill counties.

The approximate number of unduplicated people served was 144,549 in 2023.

Another 341,945 meals and snacks served at area soup kitchens and meal programs.

The mission of Helping Harvest is to feed the hungry of Berks and Schuylkill counties.