

HELPING HARVEST 2022 ANNUAL REPORT

The mission of Helping Harvest is to feed the hungry.



Accomplishments of Helping Harvest's programs in 2022 include:

- More than 9.6 million pounds of food, valued at over \$14,900,000, was distributed through our network of 320 charitable food programs in Berks and Schuylkill counties.
 - Of the food distributed, 3.93 million pounds (41%) were fresh and frozen foods - the foods typically the most nutrient-rich but often the most lacking in the diets of those in need.
 - 66,816 food assistance packages distributed at food pantries.
 - 839,045 meals and snacks served with food partially or fully supplied by Helping Harvest at area shelters.
 - Another 310,571 meals and snacks served at area soup kitchens and meal programs.
 - 104,125 bags full of food were sent home through the Weekender Program to 4,564 children in Berks and Schuylkill counties.
 - 15,525 bags (64,065 pounds) filled with fresh and nutritious foods were distributed through Healthy Sprouts, which provides healthy foods to elementary students in the Reading School District.
 - Nearly 2,000 low-income senior citizens received a food tote monthly through the federally supported Pennsylvania Senior Food Box Program (administered by Helping Harvest for Berks and Schuylkill Counties).
 - 1,746,431 pounds of nourishing foods were distributed through the Mobile Market program in 2022. Now in its seventh year, our Mobile Market program has food distributions at 24 sites monthly throughout Berks and Schuylkill counties.
 - 14,560 volunteer and community service hours (equivalent to 9 full time Helping Harvest staff) were worked by 1,780 volunteers.
 - 249,282 pounds of fresh and frozen perishable foods were delivered to senior citizens through the Produce Plus program.
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FINANCIAL INFORMATION

* INFORMATION FROM 2021 AUDITED FINANCIAL STATEMENT

Revenue, Gains and Other Support

Direct public support, monetary	\$4,062,685
Public support, in-kind contributions (including donated food)	\$6,238,970
Government grants, monetary	\$1,096,224
Government grants, in-kind contributions	\$3,178,916
Program services	\$836,955
Net investment return	\$106,844
Total revenue	\$15,736,864

Expenses

Food distribution (including value of food)	\$14,733,789
Management and general (administration)	\$411,979
Fundraising	\$232,651
Total expenses	\$15,378,419
Change in net assets	\$358,445
Net assets, beginning	\$11,542,530
Net assets, ending	\$11,966,570