

Helping Harvest

2019 Report to the Community

From the President

Dear Friend of Helping Harvest,

As I enter the middle of my fourth month as President of Helping Harvest, I am learning more and more about how critical the need for food is for some members of our community. Some things I have seen just over the past week:

In Shenandoah, Schuylkill County, 150 people were outside on a snowy 25-degree day waiting for a box of food from their local pantry. Many did not have winter coats to wear.

Helping Harvest sent four trucks loaded with nearly 24,000 pounds of food to Hope Lutheran Church in Reading for their pantry and soup kitchen for people in need in their neighborhood. We will deliver food there again in just two weeks.

At the Wilson Food Pantry at West Lawn United Methodist Church, a volunteer accompanies every pantry guest and helps them select the best food for their family.

It is the volunteer and financial support from invested community members **LIKE YOU** who make it possible for us to feed our neighbors in Berks and Schuylkill counties. Thanks so much for your support, and I look forward to working with you to eliminate hunger in our community!

Your Friend,



Jay Worrall,
President



Helping Harvest supplied more than **6.6 million pounds of food** to its network of 320 charitable food programs in 2019. Our emphasis on distributing fresh and frozen, healthy foods remains a priority. Listed is the breakdown of food distributed by category:



19.3% Fresh produce



12.5% Frozen meats



10.2% Fresh dairy



4.7% Fresh bakery



3.7% Other fresh & frozen foods



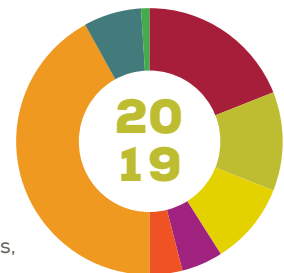
42.1% Non-perishable food items



6.6% Beverages



0.9% Other (personal hygiene, paper products, pet food, etc.)



The mission of Helping Harvest is to feed the hungry.

Accomplishments of Helping Harvest's programs in 2019 include:

- More than 6.6 million pounds of food distributed to our network of 320 charitable food programs in Berks and Schuylkill Counties.
- More than 110,000 different individuals were nourished by food received from Helping Harvest.
- Of the food distributed, nearly **3.3 million pounds (50%+)** were fresh and frozen foods – the foods typically the most nutrient-rich but often the most lacking in the diets of those in need.
- 105,048 food assistance packages distributed at **food pantries**.
- 1,313,605 meals and snacks served with food partially or fully supplied by Helping Harvest at area **shelters**.
- Another 428,365 meals and snacks served at area **soup kitchens and meal programs**.
- 28,698 bags full of food sent home through our **Weekender Program** which provides food to low income elementary school students at 17 school sites.
- 20,599 bags filled with fresh and nutritious foods (87,574 pounds) distributed through **Produce 4 Kids** which provides healthy foods to students at Reading School District elementary schools.
- More than 1,700 low-income senior citizens received a food tote monthly through the federally supported **Commodity Supplemental Food Program** (administered by Helping Harvest for Berks and Schuylkill Counties).
- In 2016, we established our **Mobile Market** program. Today, Helping Harvest runs 5 program sites in Berks County (11th and Pike Playground, Wernersville, Leesport, Oakbrook Homes, and Mohnton) and two in Schuylkill County (Auburn and Mahanoy City). 212,474 pounds of fresh and frozen, healthy foods were distributed directly to families in need through this program in 2019.
- 395,989 pounds of fresh and frozen perishable foods were delivered to senior citizens living in low-income housing through our **Mobile Direct** program.



When you dropped off our Senior Boxes today, you also brought us some wonderful frozen meat. We were so surprised by that! I just had to let you know how grateful and thankful we all are for what you provide for us. Thank you so much!

CAROLE, SENIOR TOTE RECIPIENT



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Many years ago I lost my full time job and found it difficult to make ends meet. The Food Bank was there to help, and provided a way to help feed my family until things got better. We give to Helping Harvest because we know how much it is needed in our community.

LISA, LONGTIME DONOR

Financial Information

Information from 2018 Audited Financial Statement

Revenue, Gains and Other Support

Direct public support, monetary	\$1,130,693
Public support, in-kind contributions (including donated food)	\$7,355,511
Government grants, monetary	\$578,506
Government grants, in-kind contributions	\$1,330,443
Program services	\$659,307
Net investment return	\$412
Gain on disposal of property and equipment	\$108,157
Miscellaneous income	\$23,746

Total revenue, gains, and other support **\$11,186,775**

Expenses

Food distribution and community service program	\$11,039,714
Management and general (administration)	\$294,627
Fundraising	\$204,511

Total expenses **\$11,538,852**

Change in net assets **(\$352,077)**

Net assets, beginning **\$5,866,430**

Net assets, ending **\$5,514,353**

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Volunteers


1,471 individuals donated **13,248 hours** of their time to Helping Harvest and our mission of feeding the hungry in 2019. This is the equivalent of 6.37 full-time Helping Harvest staff members!

Volunteers:


- Repack nonperishable and frozen foods
- Fill the weekly Weekender Program bags
- Pack and distribute Produce 4 Kids bags
- Operate Mobile Market distributions
- Assist in office tasks and mailings
- And so much more!

To volunteer, please visit [HelpingHarvest.org/Volunteer](https://www.HelpingHarvest.org/Volunteer)

For more information or to donate online, visit [HelpingHarvest.org](https://www.HelpingHarvest.org)

 117 Morgan Dr.
Reading, PA 19608

 610.926.5802

 **Office Hours**
Monday - Friday
8 AM - 4:30 PM

 @HelpingHarvestOrg

 @HelpingHarvest

A copy of the official registration and financial information of Helping Harvest Food Bank may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania **1-800-732-0999**.

Registration does not imply endorsement.

a member of
**FEEDING
PENNSYLVANIA**

**CHARITY
NAVIGATOR**
★★★★★
Four Star Charity